

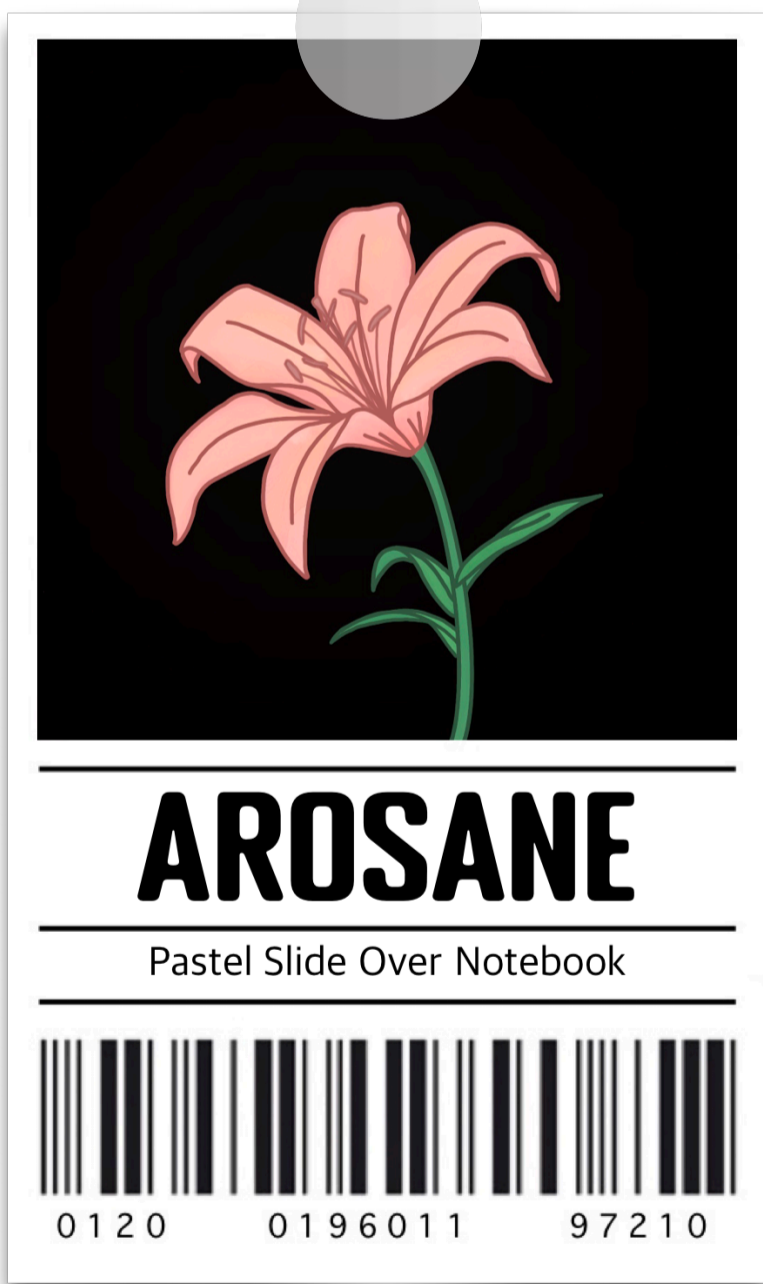




This notebook belongs to:

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Index Page

# EXAMPLE PAGE ONLY

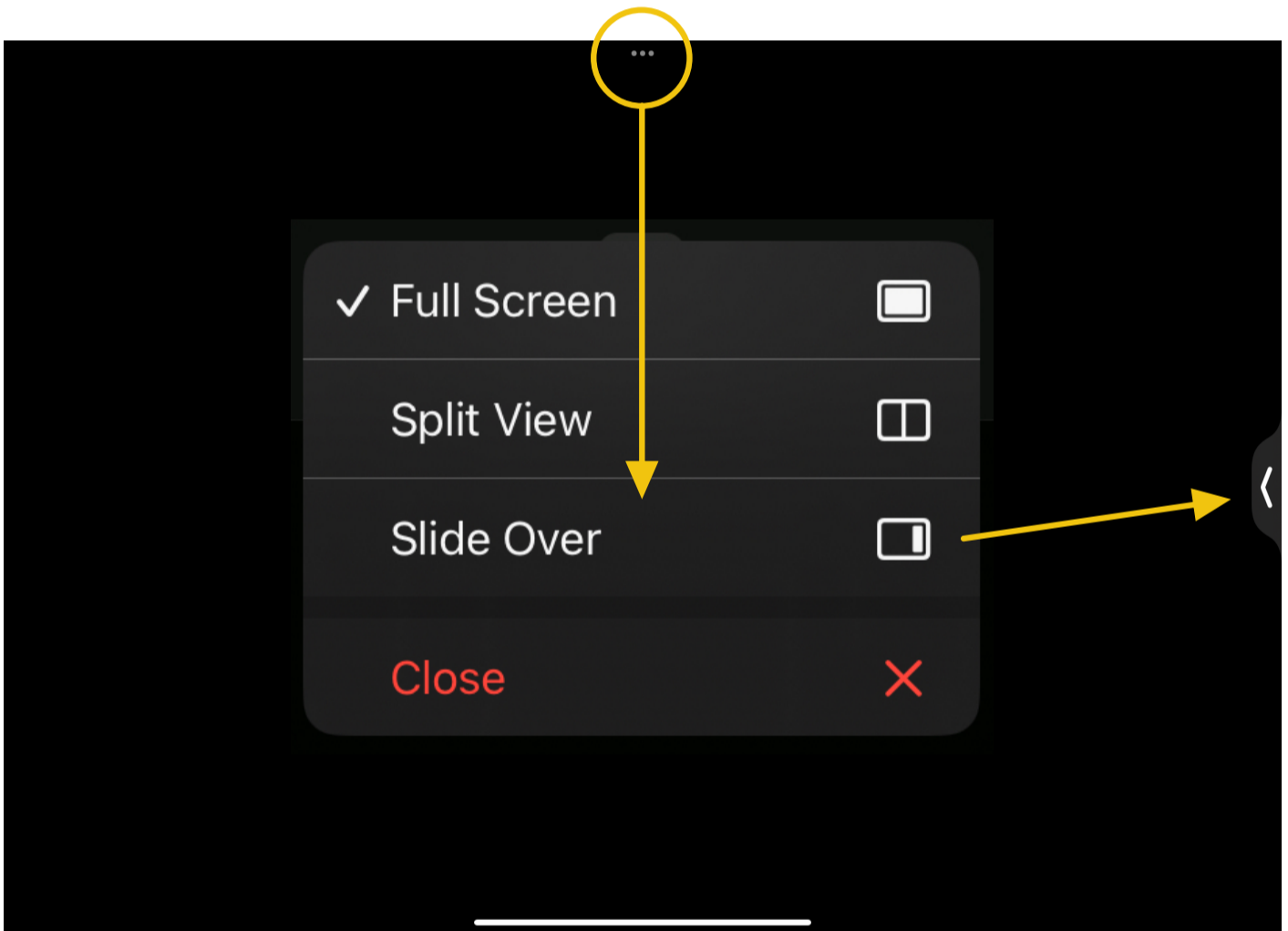
For iPad

Ignore me/delete me 😊

(If using other devices try multitasking options)

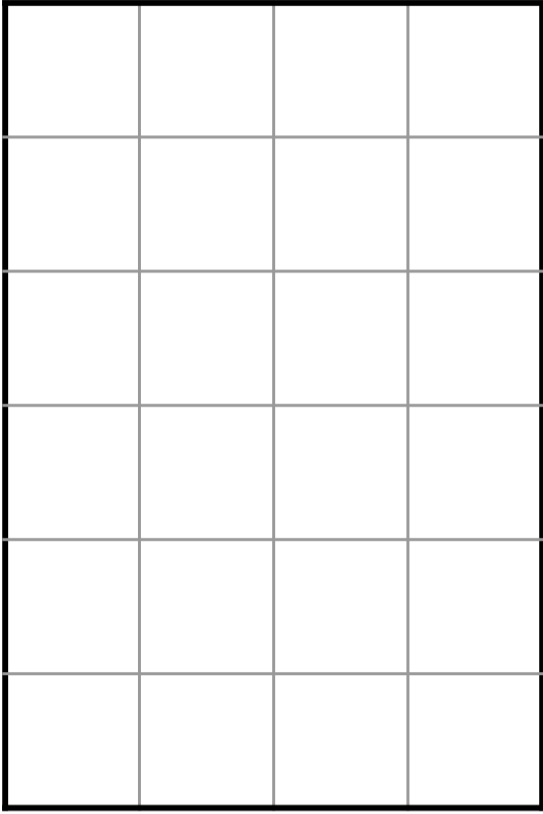
## Open the app in Slide Over

1. While using the notebook (1<sup>st</sup>), tap at the three dots on the top of the screen, from the options select 'Slide Over'. This will move it the side and show you your Home Screen and Dock.
2. Open an app or other notes (2<sup>nd</sup>) you want to appear behind the Slide Over Notebook.
3. The second app will open, and the first app appears in a Slide Over window in front of it.

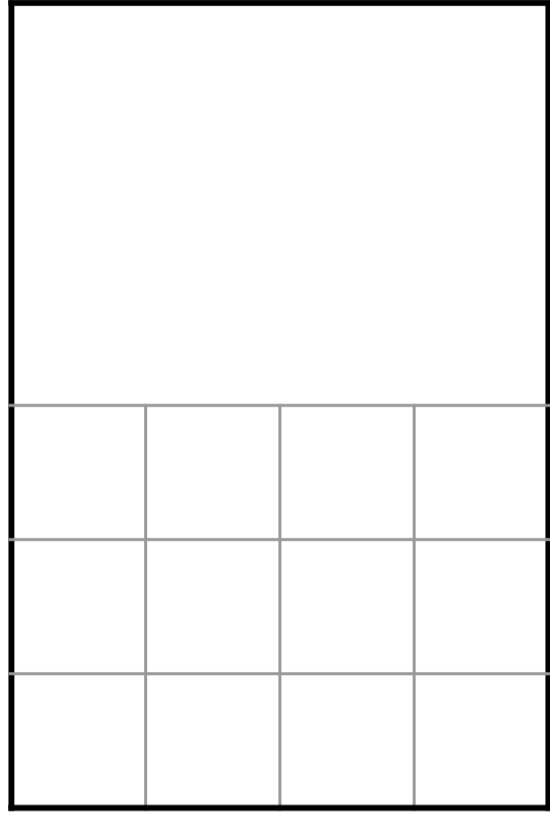


A screenshot of a digital notebook page. The background is a document titled 'Fluid Exchange' with text about oncotic pressure and fluid movement in capillaries. A diagram of a capillary is shown at the bottom, with labels for 'Arterial end', 'Hydrostatic pressure', 'Oncotic pressure 25 mm Hg', and 'Hyd pr 10'. A yellow note is overlaid on the right side of the page, containing handwritten text: 'Dynamics of fluid exchange between a capillary and tissue. An equilibrium exists between forces filtering fluid out of the capillary and forces absorbing fluid back into the capillary. Note: hydrostatic pressure is greater at the arterial end of the capillary than the venous end. The net effect of pressures at the arterial end of the capillary causes a movement of fluid into the tissue. At the venous end of the capillary, there is net movement of fluid back into the capillary.' A yellow arrow points from the note to the diagram. The notebook interface includes a search bar at the top, a back arrow, and a star icon at the bottom.

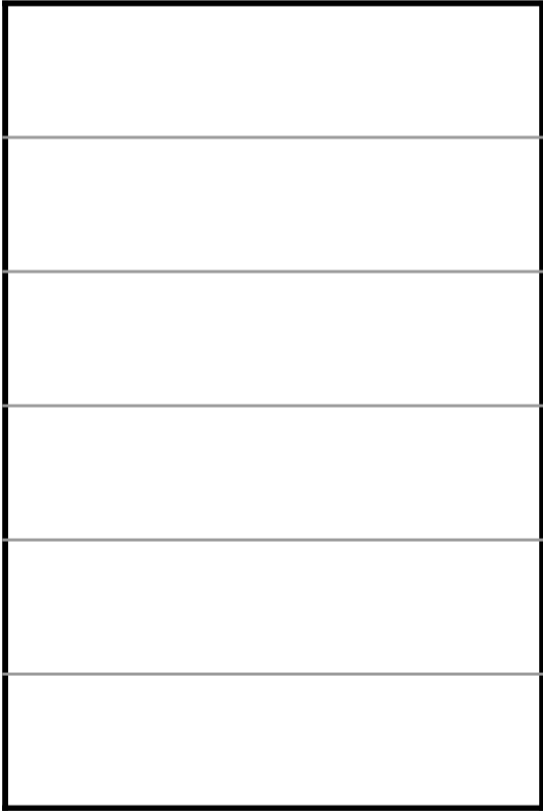
◆ TEMPLATES



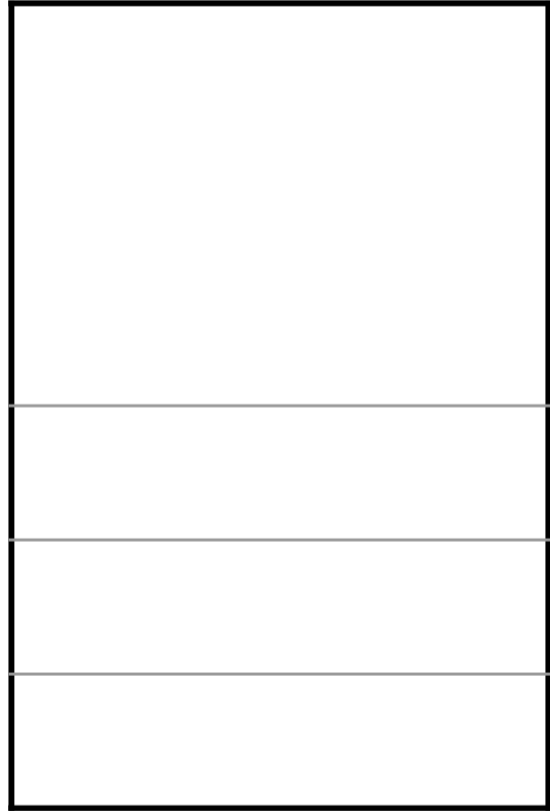
Grid



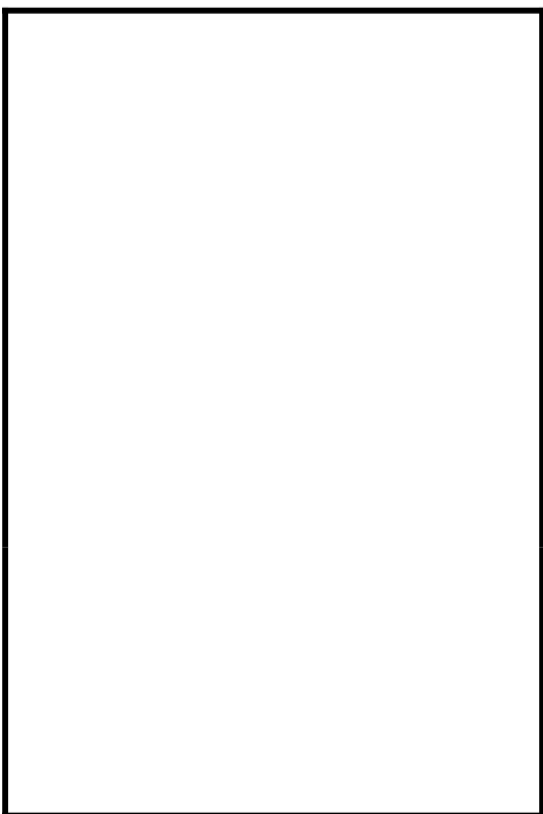
Half Grid



Lined



Half Lined



White



Black











